

Cultivation of taioba in hydroponic system (ebb and flow) using different substrates

Cultivo de taioba em sistema hidropônico (ebb and flow) empregando diferentes substratos

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Taioba is a plant species from the group of unconventional vegetables that has currently been introduced into the Brazilian diet. The objective of the present work was to study the technical feasibility of the cultivation of taioba in the hydroponic ebb and flow system and the influence of the substrate. The experimental design was in randomized blocks and the treatments consisted of 10 different substrates: (1) 60% sand + 40% coal powder; (2) 80% coconut fiber + 20% vermiculite vermiculite; (3) 80% Sand + 20% coal powder; (4) 70% sand + 30% humus; (5) coconut fiber; (6) 70% sand + 30% vermiculite; (7) 80% sand + 20% vermiculite; (8) sand; (9) commercial substrate Carolina[®] and (10) 50% sand + 30% humus + 20% vermiculite. The best results were obtained with treatments 2 and 9 for the number of leaves, plant height, stem diameter, transverse and longitudinal leaf diameters, dry and fresh root mass, and dry and fresh plant mass. Except for the total carotenoid contents, no statistical differences were observed for the physical-chemical characteristics. It was concluded that cultivation of taioba in the hydroponic ebb and flow system has technical feasibility. The substrate has influence in the technical feasibility. Keywords: *Xanthosoma sagittifolium*, subirrigation, environment.

Taioba é uma espécie vegetal do grupo das hortaliças não convencionais que atualmente tem sido introduzida na dieta alimentar do brasileiro. O objetivo do presente trabalho foi estudar a viabilidade técnica do cultivo de taioba no sistema hidropônico *ebb and flow* e a influência do substrato. O delineamento experimental foi em blocos ao acaso e os tratamentos se constituíram do uso de 10 tipos de substratos: (1) 60% de areia + 40% de pó de carvão; (2) 80% de fibra de coco +20% de vermiculita; (3) 80% de Areia + 20% de pó de carvão; (4) 70% de areia + 30% de húmus; (5) fibra de coco;(6) 70% de areia + 30% de vermiculita; (7) 80% de areia + 20% de vermiculita; (8) areia; (9) substrato comercial Carolina[®] e (10) 50% de areia + 30% de húmus + 20% de vermiculita. Observou-se que para número de folhas, altura da planta, diâmetro do caule, diâmetros transversal e longitudinal da folha e massas secas e frescas da raiz e da planta, os melhores resultados foram obtidos com os tratamentos 2 e 9. Com exceção dos teores de carotenóides totais, não foi observado diferença estatística para as características físico-químicas. Concluiu-se que o cultivo de taioba no sistema hidropônico *ebb and flow* tem viabilidade técnica. O substrato tem influência na viabilidade técnica.

Palavras-chave: Xanthosoma sagittifolium, subirrigação, ambientes.

1. INTRODUCTION

Xanthosoma sagittifolium (L.) Schott is a hardwood crop originating from South America and its cultivation and consumption come from Central America, Asia and Africa [1]. In Brazil this species is known as taioba [2]. High temperatures, which can be found in the tropical and subtropical regions, are required for taioba development. Its leaves and rhizomes are used for

human nutrition. Its rhizomes are a source of vitamins A and C and also rich in iron, potassium, calcium and manganese [1].

One of the largest obstacles preventing increased production of this crop is related to the scarcity of options as far as the system of cultivation adopted producers. The cultivation is mostly carried out directly in the soil, using its rhizomes. This methodology has limited the expansion of the cultivation area [1]. However, this method makes it difficult to expand the cultivation area since a plant originates a main rhizome and few secondary shoots after six months of cultivation. Thus, seedling production is low with a high volume of material to be transported [1]. Hydroponic cultivation could be an alternative of great potential for taioba production. However, one of the great challenges to cultivate taioba using a hydroponic method is related to the mode of reproduction (vegetative propagation) resulting in the lack of hydroponics utilized in the producing areas.

Alternatively, there are reports of a successful technique called sub-irrigation, which consists of the application of water and nutrients to the bottom of the cultivation pots filled with substrate [3, 4, 5]. The system can use other equipment, being the most common tables of sub-irrigation (*ebb-and-flow*). The ebb and flow technique was successfully used for the production of salvia (*Salvia officinalis* L.) [6]. It was also used for the production of arum lily (*Zantedeschia aethiopica* L. Spreng.) [3] whose structural part of roots and rhizomes are similar to taioba. Ensinas et al. (2011) [7] report that the development of plants confined in a pot with substrate depends on several factors, and its composition is a factor of great importance, since root initiation and rooting are directly linked to the chemical, physical and biological characteristics of the substrate. Environmental conditions, fertilization, genetic factors, degree of maturation, plant variety, among others, have a large influence on the phytochemical content of vegetables [8]. However, studies that correlate cultivation practices with the production of phytochemicals are rather scarce [9]. On the other hand, accord Vence (2008) [10] in addition to sub-irrigation, it is necessary to correctly define the ideal substrate for the best performance of the plant.

Thus, the objective of the present work was to study the technical feasibility of the cultivation of taioba in the hydroponic ebb and flow system and the influence of the substrate.

2. MATERIAL AND METHODS

The experiment was conducted in Quintas da Fazendinha ($19^{\circ}30'37.9''S$; $44^{\circ}05'31.9''W$) in the region of Matozinhos, central region of Minas Gerais, Brazil. The average altitude is 808 m in relation to sea level. The *ebb and flow system* was characterized by wooden boxes leveled and waterproofed with black plastic with the following dimensions: 2.70 m x 1.30 m x 0.10 m. At a height of 0.05 m at the edge of the box was placed an exit to return the nutrient solution to a reservoir restricting the capacity of the box to a volume of 175.5 L.

The treatments consisted of 10 types of substrate with the following constitutions: (1) 60% sand + 40% coal powder; (2) 80% coconut fiber + 20% vermiculite; (3) 80% sand + 20% coal powder; (4) 70% sand + 30% humus; (5) coconut fiber; (6) 70% sand + 30% vermiculite; (7) 80% sand + 20% vermiculite; (8) sand; (9) commercial substrate based on sphagno peat, expanded vermiculite, dolomitic limestone, agricultural gypsum and traces of NPK fertilizer; (10) 50% sand + 30% humus + 20% vermiculite.

It was used average sand used in civil construction. Is was determinate the aparent density and volume retained by this material after pre-drying in sun obtaining the following results 1.55 kg dm⁻³ e 0.115 L dm⁻³. The Carolina[®] commercial substrate had the following constitution: sphagno turf, expanded vermiculite, dolomitic limestone, agricultural plaster and NPK Fertilizer (traces), density: 145 kg m⁻³, water retention capacity (CRA), 55%, maximum humidity: 50%, without granulometric specification.

The vermiculite used contained the following characteristics: pH=7.0, CRA = 60%, density=80 kg m⁻³ without granulometric specification. According Catunda et al. (2016) [11] the fiber of *Cocos nucifera* L. has density of 0.1657 g cm⁻³ and humidity around 66.26%. The humus used had the following characteristics in percentages according to the manufacturer: total N = 3.0; P₂O₅ = 2.0; K₂O = 6.0, MgO = 1.0, SO₃ = 2.0 and Fe = 250 ppm, density = 1.25 kg L⁻¹.

Information on the physical and chemical characteristics of coal dust is scarce. In the present work, it was utilized data obtained by Tavares et al. (2010) [12]: granulometry = 4 mm, wet density = 505 gL⁻¹; dry dems = 304 gL⁻¹; total porosity = 78%, CRA = 62% and pH = 9.4.

Seedlings of the cultivar Common taioba were produced by shoots treated against *Fusarium* spp., which were packed in plastic pots drilled with dimensions of 18 cm in diameter at the top, 12.2 cm in depth and 15 cm in height, making up volume of 2719.3 cm³ which were filled with the substrates tested. After bud bursting, they were transferred to the ebb and flow irrigation system.

The plots were composed of five pots for each treatment. The pots were spaced 10 cm apart, arranged in a randomized block design with four repetitions. A nutrient solution adapted from Furlani et al. (1999) [13] was used with the following constitution in ppm: N-NO₃ = 238.0; P = 62; K = 426.0; Ca = 161.0; Mg = 24.0; S = 32.0; B = 0.3; Cu = 0.05; Fe = 5.0; Mn = 0.4; Mo = 0.05 and Zn = 0.3.

The circulation of the nutrient solution in the system was adjusted after preliminary trials. From 6 am, the nutrient solution circulates for 30 minutes every 4 hours until 9 pm and circulated again at 6 am the other day, with the same regime. In this way, the plants were sub irrigated by capillarity action with immersion of 30 to 33% of the volume of the pots [14]. This was possible, since in addition to the delimitation output of the nutrient solution volume, a drainage orifice of the nutrient solution was drilled into the bottom of the irrigation system to allow it to return to the reservoir. The drainage orifice has been dimensioned to provide an inlet flow of the nutrient solution greater than the outlet flow allowing flooding up to the 0.05 m box height limit. The nutrient solution was conducted with an electrical conductivity (EC) of 3.5 mS/cm in order to maintain the original nutrient content of the nutrient solution.

Immediately after harvest, which occurred 80 days after planting, the taioba plants were stored in thermal boxes and transported under refrigeration to the Food Conservation Laboratory of Federal University of São João del-Rei (UFSJ), Sete Lagoas, MG, where they were prepared and evaluated for their physico-chemical characteristics and bioactive compounds. Physical characteristics such as number of leaves, plant height, stem diameter and transverse and longitudinal leaf diameters were obtained through counts and direct measurements in the plant using a graduated ruler and digital caliper.

The total soluble solids content (TSSC) were determined by extracting the untreated and filtered leaves of the taioba *in natura* on the prism of the digital refractometer Reichert R2MINI [15]. To determine the total solids content, five grams of the *in natura* leaves were placed in crucibles submitted to 105°C in a sterilization oven and dried to a constant weight. The total solids content was calculated based on the difference between the initial and final masses [15].

The pH was determined using a Tekna T-1000 digital pHmeter by direct electrode immersion in the extract of the macerated and filtered *in natura* leaves [15]. In determining the titratable acidity (TA), about five grams of the leaves of the *in natura* sample were macerated, filtered and the extract obtained was diluted in 50 mL of distilled water and titrated with 0.01 N NaOH solution, where the indicator used was phenolphthalein, according to the methodology described in AOAC (2012) [15].

For the determination of the total carotenoid content, the methodology proposed by Rodriguez-Amaya (2001) [16] was followed using *in natura* samples. After extraction, the total carotenoids were quantified in a Femto 700 spectrophotometer without 450 nm and the results were expressed in μ g of total carotenoids per 100 grams of fresh sample. The spectrophotometric method of Folin-Ciocalteau, modified by Neves et al. (2009) [17], was used for the quantification of total phenolic compounds which were expressed in g EAG per 100 g dry sample.

The quantification of the total chlorophyll content was performed according to the methodology proposed by Silva et al. (2009) [18] where *in natura* samples were used. After extraction with acetone, the quantification was done in spectrophotometer (Femto 700S) at 652 nm. The results were expressed in mg per 100 g fresh sample [19] After the verification of the assumptions by analysis of normality of the residues (Kolmogorov's test), homogeneity of variances (Lilliefors's test) and additivity of the blocks, analysis of variance (test F, p <0.05) was performed and, in case of significant effect, the mean test (Tukey p <0.05) was performed. The analysis were performed with the software GENES [20]. For this work only the data of the first

harvest were considered not being evaluated, therefore, data of subsequent harvests as it is common in the commercial production of taioba.

3. RESULTS AND DISCUSSION

It was observed (Table 1) that the diameter of the stem (ST) was significantly higher in plants grown with treatments 2 and 9 respectively coconut fiber with 20% vermiculite and commercial substrate Carolina[®]. Regarding the number of leaves (NL), only the treatment 3 (sand 80%; coal powder 20%) differed statistically from the other treatments presenting a significantly lower result. According to Santos et al. (2010) [21] the number of leaves is a factor that can be influenced by the environment, so the environment, together with the genetic component of the plant, provides physiological changes. For lettuce, the number of leaves is very important, since it indicates adaptation of the genetic material to the environment and because it is related to commercialization [22], which may be valid for taioba.

Table 1. Taioba stem diameter (ST) and number of leaves (NL), in function of the treatments.

Treatments	Evaluated Characteristics		
Treatments	ST (cm)	NL	
1-Sand (60%) + coal powder (40%)	2.05bc	3.50ab	
2-Coconut fiber (80%) + vermiculite (20%)	3.00a	4.33ab	
3-Sand (80%) + coal powder (20%)	1.79bc	3.20b	
4-Sand (70%) + humus (30%)	2.13bc	4.10ab	
5-Coconut fiber	2.16b	4.33ab	
6-Sand (70%) + vermiculite (30%)	2.19b	4.43a	
7-Sand (80%) + vermiculite (20%)	1.96bc	4.20ab	
8-Sand	1.50c	3.50ab	
9-Commercial substrate	3.26a	4.50a	
10-Sand (50%) + humus (30%) + coal powder (20%)	2.26b	4.50a	
CV (%)	2.23	4.06	

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

Longitudinal length of the leaf (LLL) and transverse length of the leaf (TLL) are characteristics that define the size and shape of the leaves. For vegetables whose leaves are the edible parts and therefore marketable, size they are important because define the classification and the commercial standard. It was observed that treatment 2 and treatment 9 were the ones that provided the optimization of these characteristics indicating marketable leaves (Table 2). The commercial substrate (treatment 9), has its constituent components that probably to potentially absorb nutrients from the nutrient solution, resulting in a better development of rhizomes of the taioba with consequent advanced results currently.

Specifically, sphagno peat, second, increases oxygenation and nutrient availability, has greater water retention, due to low temperature and promotes excellent root development [23], the same with treatment 2 (80% coconut fiber + 20% vermiculite). Coconut fiber is a substrate of excellent use for seedling production because it has good physical properties, long durability without changing physical characteristics [24]. The productivity gains are related to the plants with larger diameter and mass of leaves and stem, which is valid for hardwoods [25].

This feature combined with the larger ST, NL, LLL and TLL shows a robust and well-adapted plant with potential for growth and production. In summary, treatments 2 and 9 were those that optimized all these characteristics indicating the adaptation of taioba to the culture system. As was observed for the characteristics (LLL) and (TLL) (Table 2), the composition of the substrates referring to these treatments (Sphagno peat, expanded vermiculite, dolomitic limestone, agricultural gypsum, traces of NPK fertilizer and coconut fiber, favored the best development of the plant.

Trastmonts	Evaluated Characteristics		
Treatments	LLL (cm)	TLL (cm)	
1-Sand (60%) + coal powder (40%)	14.73bc	13.76cd	
2-Coconut fiber (80%) + vermiculite (20%)	19.40ab	22.76ab	
3-Sand (80%) + coal powder (20%)	15.53bc	15.00cd	
4-Sand (70%) + humus (30%)	16.86abc 18.76b		
5-Coconut fiber	19.13ab	20.53abc	
6-Sand (70%) + vermiculite (30%)	15.53bc	14.89cd	
7-Sand (80%) + vermiculite (20%)	14.60bc	14.89cd	
8-Sand	13.23c	12.06d	
9-Commercial substrate	21.53a	26.46a	
10-Sand (50%) + humus (30%) + coal powder (20%)	18.43abc 20.08abc		
CV (%)	16.87	17.84	

 Table 2. Longitudinal length of the leaf (LLL) and transverse length of the leaf (TLL) of taioba in function of the treatments.

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

Plant height (PH) and stem diameter (ST) indicate plant size. It was observed (Table 3) that for plant height (PH) treatment 9 (commercial substrate) provided a significantly lower height than the other treatments.

Table 3. Plant height (PH) and fresh root mass (FRM) of taioba in function of the treatments.

Traatmants	Evaluated Characteristics		
Treatments	PH (cm)	FRM (g)	
1-Sand (60%) + coal powder (40%)	25.08cd	18.00d	
2-Coconut fiber (80%) + vermiculite (20%)	39.33ab	53.96b	
3-Sand (80%) + coal powder (20%)	26.60cd	40.97bc	
4-Sand (70%) +humus (30%)	32.21abc	21.19d	
5-Coconut fiber	32.93abc	43.31bc	
6- Sand (70%) + vermiculite (30%)	28.54bcd	31.39cd	
7-Sand (80%) + vermiculite (20%)	26.01cd	29.99cd	
8-Sand	40.44a	19.48d	
9-Commercial substrate	19.63d	88.99a	
10-Sand (50%) + humus (30%) + coal powder (20%)	30.46abcd	25.64d	
CV (%)	30.12	14.07	

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

For the results of fresh root mass (FRM), dry root mass (DRM), fresh plant mass (FPM) and mass dry plant (MDP), it was also observed that the best results were obtained with treatment 9 These results indicate good response of the plants to the ebb and flow production system and specifically to the substrate. (Tables 3, 4 and 5).

Table 4. Dry root mass (DRM) and Fresh plant mass (FPM) of taioba in function of the treatments.

Treatments	Evaluated Characteristics		
	DRM (g)	FPM (g)	
1-Sand (60%) + coal powder (40%)	3.40bcd	104.42cd	
2-Coconut fiber (80%) + vermiculite (20%)	4.85b	148.53b	
3-Sand (80%) + coal powder (20%)	4.13bc	47.63f	
4-Sand (70%) + humus (30%)	3.36bcd	141.11b	
5-Coconut fiber	3.53bcd	45.40f	
6-Sand (70%) + vermiculite (30%)	2.29d	119.42c	

7-Sand (80%) + vermiculite (20%)	3.51bcd	88.86d
8-Sand	2.64cd	66.86e
9-Commercial substrate	7.17a	308.55a
10-Sand (50%) + humus (30%) + coal powder (20%)	2.80cd	115.83c
CV (%)	3.77	5.22

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

Table 5. Mass dry plant (MDP) and titratable acidity of fresh sample (TA) in function of the treatments.

Treatments	Evaluated Characteristics		
Treatments	MDP (g)	TA (mg citric acid/100 g)	
1-Sand (60%) + coal powder (40%)	11.32b	0.08a*	
2-Coconut fiber (80%) + vermiculite (20%)	11.22b	0.08a	
3-Sand (80%) + coal powder (20%)	5.03bc	0.07a	
4-Sand (70%) + humus (30%)	7.91bc	0.10a	
5-Coconut fiber	2.11c	0.09a	
6-Sand (70%) + vermiculite (30%)	10.82b	0.09a	
7-Sand (80%) + vermiculite (20%)	7.91bc	0.08a	
8-Sand	6.78bc	0.05a	
9-Commercial substrate	23.59a	0.11a	
10-Sand (50%) + humus (30%) + coal powder (20%)	12.81b	0.09a	
CV (%)	28.60	24.11	

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

For Titratable Acidity (TA), Total Soluble Solids (TSS), pH, Carotenoids Total (CT), Phenolic Compounds Total (FCT) and Chlorophyll (C) no significant differences were observed (Tables 5, 6 and 7).

Treatments	Evaluated Characteristics		
Treatments	TSS (Brix)	pН	
1-Sand (60%) + coal powder (40%)	4.95a*	6.66a*	
2-Coconut fiber (80%) + vermiculite (20%)	4.55a	6.62a	
3-Sand (80%) + coal powder (20%)	4.41a	6.60a	
4-Sand (70%) + humus (30%)	5.40a	6.29a	
5-Coconut fiber	4.02a	6.28a	
6-Sand (70%) + vermiculite (30%)	4.32a	6.21a	
7-Sand (80%) +vermiculite (20%)	5.33a	6.17a	
8-Sand	4.30a	6.15a	
9-Commercial substrate	5.10a	6.11a	
10-Sand (50%) + humus (30%) + coal powder (20%)	4.26a	6.10a	
CV (%)	13.80	5.08	

Table 6. Total Soluble Solids (TSS) and pH in function of the treatments.

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

In the case of lettuce, chicory and arugula, Arbos et al. (2010) [9] found significant differences in the content of phenolic compounds of these vegetables between organic and conventional cultivation (0.108, 0.092, 0.128 and 0.091, 0.081, 0.090 g EAG), respectively. These values of phenolic compounds were higher than those found for taioba. In terms of total carotenoids (CT), although significant differences were found, this was only due to the substrate 6 (sand 70% + vermiculite 30%), which produced lower total carotenoid content (Table 7).

Transformer	Evaluated characteristics		
I reatment	CT	FCT	С
1-Sand (60%) + coal powder (40%)	44107,73ab	0.05a*	310.44a*
2-Coconut fiber (80%) + vermiculite (20%)	34588,83ab	0.06a	273.94a
3-Sand (80%) + coal powder (20%)	47924,15ab	0.09a	331.51a
4-Sand (70%) + humus (30%)	43790,27ab	0.08a	285.25a
5-Coconut fiber	56173,84a	0.08a	283.18a
6-Sand (70%) + vermiculite (30%)	26830,67b	0.05a	274.13a
7-Sand (80%) + vermiculite (20%)	46785,22ab	0.07a	277.98a
8-Sand	39767,50ab	0.10a	269.09a
9-Commercial substrate	48617,84ab	0.08a	320.14a
10-Sand (50%) + humus (30%) + coal powder (20%)	52469,96ab	0.08a	347.25a
CV (%)	21.07	29.62	28.58

Table 7. Carotenoids total - ug total carotenoid/100g fresh sample (CT), phenolic compounds total - g GAE/100g dry sample (FCT) and chlorophyll - mg/100g fresh sample (C) in function of the treatments.

Means followed by the same lower-case letters in columns and upper-case letters in rows do not differ according to the Tukey test at 5%.

For the different treatments, taioba presented pH values lower than 7 (Table 6). The pH of this vegetable is similar to that of Caruru (*Amaranthus viridis*), 6.72 and peixinho (*Stachislanata*), 6.11 according to a study carried out by Viana (2014) [26] on fresh samples. There are still few studies showing values of titratable acidity, total soluble solids and pH of this herbaceous in the literature and with different substrates studied in this situation.

According to Fagundes et al. (2007) [27] the decrease of chlorophyll due to nitrogen deficiency results in the yellowing of leaves and indicates foliar senescence which was not observed in the present study.

The significant differences observed in the agronomic characteristics of taioba, show superiority of the treatments 2 and 9 respectively coconut fiber with 20% vermiculite and commercial substrate Carolina[®]. Probably the characteristics of these substrates have provided better root development. In order to evaluate the production of strawberry varieties in different production systems and environment technology, including coconut fiber and charcoal rice husk as pure substrates [28] observed that the best hydroponic production system in all environments was which contained the coconut fiber. On the other hand, the use of the pure commercial substrate Carolina[®] probably showed results significantly superior to the others due to the characteristics of its components. Although the coal powder has adequate characteristics, the high value of its pH (9.4) may have had a negative influence on the evaluated characteristics.

4. CONCLUSION

It that cultivation of taioba in the hydroponic ebb and flow system has technical feasibility. The substrate has influence in the technical feasibility.

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